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Shoes In Syria Darcey Bussell:
Evolved [special Edition]
Firebird Swan Dive Your Life in
Motion The Ballet Companion
Leanne Benjamin Taking Flight
The Story of Misty Copeland
My Little Golden Book About
Misty Copeland Let's Do It: The
Authorised Biography of
Victoria Wood Misty Copeland
My Daddy Can Fly! (American
Ballet Theatre) Misty Copeland
Dancing on My Grave Dancing
in the Wings The Ballet Book
Keep It Moving Ballerina
Dreams: From Orphan to

Dancer (Step Into Reading,
Step 4) Brave Ballerina
Dancing Wheels Bunheads
Ballerina Push Comes to Shove

As the first female African-American principal dancer at the American Ballet Theatre, Misty Copeland has been breaking down all kinds of barriers in the world of dance. But when she first started dancing -- at the late age of thirteen -- no one would have guessed the shy, underprivileged girl would one day make history in her field. Her road to excellence was not easy -- a chaotic home life, with several siblings and a single mother, was a stark contrast to the control and comfort she found on stage. And when her home life and incredible dance promise begin to clash, Misty

had to learn to stand up for herself and navigate complex relationships with her family and the dance world, while pursuing her ballet dreams. The well-known choreographer chronicles her life and career, describing her childhood, her training in music and classical ballet, the influence of the avant-garde climate of New York in the 1960s on her choreography, and more. 30,000 first printing. \$30,000 ad/promo. Instant New York Times bestselling series opener inspired by prima ballerina and author Misty Copeland's own early experiences in ballet. From prima ballerina and New York Times bestselling author Misty Copeland comes the story of a young Misty, who discovers her love of dance through the ballet Coppélia--a story about a toymaker who devises a villainous plan to bring a doll to life. Misty is so captivated by the tale and its heroine, Swanilda, she decides to audition for the role. But she's never danced ballet before; in fact, this is the very first day of her very first dance

class! Though Misty is excited, she's also nervous. But as she learns from her fellow bunheads, she makes wonderful friends who encourage her to do her very best. Misty's nerves quickly fall away, and with a little teamwork, the bunheads put on a show to remember. Featuring the stunning artwork of newcomer Setor Fiadzigbey, Bunheads is an inspiring tale for anyone looking for the courage to try something new. The first authorized photographic tribute to the prolific and wildly inspiring ballerina, these unique and evocative artful color photographs by the celebrated photographer Gregg Delman, capture Misty's grace and strength, and are much anticipated by the worldwide audience who can't get enough of Misty. This stunning volume of photographs captures the sculpturally exquisite and iconic ballerina. Misty Copeland has single-handedly infused diversity and personality into the insular world of ballet, creating an

unexpected resurgence of appreciation within contemporary popular culture. Her story is famously what movies are made of, and in 2015 she became an icon and household name when she became the first African-American female principal dancer in the long and prestigious history of the American Ballet Theatre. Copeland's physique is what sculptures are modeled on, heralding the new physical ideal of strength and athleticism, beauty and grace. Misty Copeland is a collection of gorgeous, artful photographs, taken in many studio visits from 2011 through 2014. Delman's talent for capturing movement is reflected in these images, which range from formal ballet positions to more athletic poses and candid moments, all together building an intimate portrait of Copeland as an athlete, an artist, and a woman. With striking and vibrant color photographs, this incredibly intimate volume is a visual tribute to the brilliant mystique

of Misty Copeland, showcasing both her grace and strength. Perfect for newly independent readers—discover the amazing life of one of America's top ballerinas, Michaela DePrince, whose story is soon to be told in a major motion picture directed by Madonna. At the age of three, Michaela DePrince found a photo of a ballerina that changed her life. She was living in an orphanage in Sierra Leone at the time, but was soon adopted by a family and brought to America. Michaela never forgot the photo of the dancer she once saw, and quickly decided to make her dream of becoming a ballerina come true. She has been dancing ever since and is now a principal dancer in New York City and has been featured in the ballet documentary *First Position*, as well as *Dancing with the Stars*, *Good Morning America*, and *Oprah* magazine. Young readers will love learning about this inspiring ballerina in this uplifting and informative leveled reader. This Step 4 Step into Reading book is for

newly independent readers who read simple sentences with confidence. In her debut picture book, *Misty Copeland* tells the story of a young girl--an every girl--whose confidence is fragile and who is questioning her own ability to reach the heights that Misty has reached. Misty encourages this young girl's faith in herself and shows her exactly how, through hard work and dedication, she too can become *Firebird*. Lyrical and affecting text paired with bold, striking illustrations that are some of Caldecott Honoree Christopher Myers's best work, makes *Firebird* perfect for aspiring ballerinas everywhere. "A glimpse into the fragile psyche of a dancer." —The Washington Post Jenifer Ringer, a principal dancer with the New York City Ballet, was thrust into the headlines after her weight was commented on by a New York Times critic, and her response ignited a public dialogue about dance and weight. Ballet aficionados and aspiring performers of all ages will want to join Ringer behind the

scenes as she shares her journey from student to star and candidly discusses both her struggle with an eating disorder and the media storm that erupted after the Times review. An unusually upbeat account of life on the stage, *Dancing Through It* is also a coming-of-age story and an inspiring memoir of faith and of triumph over the body issues that torment all too many women and men. The first book from Darcey Bussell in over six years, retired darling of the British Ballet and beloved judge of *Strictly Come Dancing*, this publishing extravaganza coincides with the the superstar ballerina's 50th birthday. Exquisitely produced, the book is filled with remarkable images of Dame Darcey in various notable locations, such as a pod of the London Eye, on top of the Victoria and Albert memorial, and performing at worldwide events, like the Olympics closing ceremony. The collection includes rare and unseen moments of Darcey shot by some of the most

famous photographers, including Lord Snowden, Mario Testino and Annie Liebovitz, in locations beyond the stage -- including rehearsals, fashion shoots and more -- which are accompanied by behind-the-scenes stories and personal anecdotes. A fitting testament to one of our true national treasures, this glorious and charming book is a wonder to enjoy for years to come. As a dancer with the Manhattan Ballet Company, nineteen-year-old Hannah Ward is living her childhood dream. She gets to be up on stage in front of adoring crowds every night. And while she might not be a prima ballerina yet, she's moving up the ranks and surely if she works hard enough she can make it happen. But devoting her whole life to ballet leaves very little time for anything else: friends, family, school have all fallen by the wayside. Hannah doesn't mind, until a chance encounter in a restaurant brings Jacob into her life. He's cute, he plays guitar and he's offering a whole future that Hannah

never considered. And now she must choose between her lifelong dream or what could be the love of her life. . . . Discover the life of Misty Copeland--a story about changing the world through dance, for kids ages 6 to 9 Misty Copeland is the first Black female principal dancer for the American Ballet Theatre. Before she made history and became a symbol of change in the world of ballet, she was a determined girl who loved watching gymnastics and dancing on the drill team. She worked hard and overcame many obstacles to fulfill her dream of becoming a great ballerina. This book helps kids explore how Misty went from being a shy young girl growing up in California to a world-famous ballet dancer and a role model to many people. This Misty Copeland book for kids includes: Core curriculum--Kids will learn the Who, What, Where, When, Why, and How of Misty's life so far, and take a quick quiz to test their knowledge. Her lasting change--This book explains Misty's

impact and how she changed the world of ballet for future generations. Short chapters-- Brief chapters divide Misty's story into smaller sections that inspire new readers to keep reading. How will Misty's dedication and positive outlook inspire the child in your life? Describes the creation, training, and performances of the dance troupe known as Dancing Wheels who incorporate the movements of dancers who dance standing up and those who are in wheelchairs. A NEW YORK TIMES BESTSELLER One of the world's legendary artists and bestselling author of *The Creative Habit* shares her secrets—from insight to action—for harnessing vitality, finding purpose as you age, and expanding one's possibilities over the course of a lifetime in her newest New York Times bestseller *Keep It Moving*. At seventy-eight, Twyla Tharp is revered not only for the dances she makes—but for her astounding regime of exercise and nonstop engagement. She is famed for

religiously hitting the gym each morning at daybreak, and utilizing that energy to propel her breakneck schedule as a teacher, writer, creator, and lecturer. This book grew out of the question she was asked most frequently: "How do you keep working?" *Keep It Moving* is a series of no-nonsense mediations on how to live with purpose as time passes. From the details of how she stays motivated to the stages of her evolving fitness routine, Tharp models how fulfillment depends not on fortune—but on attitude, possible for anyone willing to try and keep trying. Culling anecdotes from Twyla's life and the lives of other luminaries, each chapter is accompanied by a small exercise that will help anyone develop a more hopeful and energetic approach to the everyday. Twyla will tell you what the beauty-fitness-wellness industry won't: chasing youth is a losing proposition. Instead, *Keep It Moving* focuses you on what's here and where you're going—the book for anyone who wishes to maintain their

prime for life. In her first health and fitness book, celebrated ballerina Misty Copeland shows you how to find the motivation to get healthier and stronger, and how to refine the body you were born with to be lean, strong and flexible, with step-by-step advice, meal plans, workout routines and words of inspiration. Misty offers her own time-tested, ballet-inspired movements that are perfect for women who want to lengthen and strengthen, but don't want to run a marathon or lift weights. She also demonstrates the floor exercises that helped maintain her own ballerina body while recovering from an injury. Misty's eating plan focuses on vegetables, fruits, plant fats, animal proteins and beneficial oils - all of which keep her energetic and in top shape. With simple and delicious recipes for Granola, Spinach and Goat Cheese Salad, Quick Salsa Chili, and even a Ballerina Smoothie, you'll be satisfied and happy while getting leaner. To keep you motivated, Misty gives tips

and words of encouragement on persevering even when you may want to give up, including a peek into her personal journal, to inspire you and help you stay on the road to your own ballerina body. Aya is eleven years old and has just arrived in Britain with her mum and baby brother, seeking asylum from war in Syria. When Aya stumbles across a local ballet class, the formidable dance teacher spots her exceptional talent and believes that Aya has the potential to earn a prestigious ballet scholarship. But at the same time, Aya and her family must fight to be allowed to remain in the country, to make a home for themselves, and to find Aya's father - separated from the rest of the family during the journey from Syria. With beautiful, captivating writing, wonderfully authentic ballet detail, and an important message championing the rights of refugees, this is classic storytelling - filled with warmth, hope and humanity. The author, a professional ballerina, introduces the art of

ballet, from the basic positions, poses, jumps, and exercises to folk and character dancing, makeup, choreography, and performing on stage. Reprint. In her debut picture book, Misty Copeland tells the story of a young girl--an every girl--whose confidence is fragile and who is questioning her own ability to reach the heights that Misty has reached. Misty encourages this young girl's faith in herself and shows her exactly how, through hard work and dedication, she too can become Firebird. Lyrical and affecting text paired with bold, striking illustrations that are some of Caldecott Honoree Christopher Myers's best work, makes Firebird perfect for aspiring ballerinas everywhere. When Misty Copeland first placed her hands on the ballet barre at an after-school community centre, no one expected the undersized, underprivileged and anxious thirteen-year-old to become one of America's most groundbreaking dancers. A true prodigy, she was attempting in months roles that

take most dancers years to master. But when Misty became caught between the control and comfort she found in the world of ballet and the harsh realities of her own life, she had to choose to embrace both her identity and her dreams, and find the courage to be one of a kind. In this instant New York Times bestseller, Misty Copeland tells the story of her historic journey to become the first African-American principal ballerina at the prestigious American Ballet Theatre. With an insider's passion, Misty opens a window into the life of an artist who lives life centre stage, from behind the scenes at her first classes to her triumphant roles in some of the world's most iconic ballets. Life in Motion is a story of passion, identity and grace for anyone who has dared to dream of a different life. This autobiography by Leanne Benjamin with Sarah Crompton reveals the extraordinary life and career of one of the worlds most important ballet dancers of the past fifty years. The book takes

you behind the scenes to find a real understanding of the pleasure and the pain, the demands and the intense commitment it requires to become a ballet dancer. It is a book for ballet-lovers which will explain from Benjamin's personal point of view, how ballet has changed and is changing. It is a book of history: she was first taught by the people who created ballet in its modern form and now she works with the dancers of today, handing on all she has known and learnt. But it is also a book for people who are just interested in the psychology of achievement, how you go from being a child in small-town Rockhampton in the centre of Australia to being a power on the world's biggest stages -- and how an individual copes with the ups and downs of that kind of career. It is a story full of big names and big personalities -- Margot Fonteyn, Kenneth MacMillan, Mikhail Baryshnikov, Darcey Bussell, Carlos Acosta to name a few. President Clinton, Michelle Obama, Diana

Princess of Wales and David Beckham all make an appearance. But it is also a book of small moments of insight: what makes a performance special, how you recover from injury, illness and childbirth; how you combine athletic and artistic prowess with motherhood, how a different partner can alter everything, what it is like to fall over in front of thousands of people and what it is like to triumph. Above all, it seeks to explain, in warm and human terms, why women get the reputation for being difficult in a world where being a good girl is too much prized. And what they can do about it. For young dance lovers, a picture book about a young boy whose father has the unique position as a ballet dancer. Written by American Ballet Theatre principal dancer Thomas Forster. Ben and his friends are playing in their favorite part of the classroom-- the dress-up corner! They are talking about what they want to be when they grow up. Rachel wants to be a tae kwon

do master, Dixie wants to be a doctor like her auntie, and John wants to be a teacher just like their teacher, Mr. Underwood. But when Ben says he wants to fly just like his daddy, his friends are sure his daddy must be a pilot. Ben tells his friends that they aren't even close, but he offers a few more clues. His daddy is strong, gentle, fierce, and fast. His friends have lots of guesses, but no one lands on the right one until Ben gives them the biggest clue of all. Written by a dad who is also a professional ballet dancer, this story will appeal to all ballet dancing children and their loved ones. A lyrical picture book biography of Janet Collins, the first African American principal dancer at the Metropolitan Opera House. Janet Collins wanted to be a ballerina in the 1930s and 40s, a time when racial segregation was widespread in the United States. Janet pursued dance with a passion, despite being rejected from discriminatory dance schools. When she was accepted into the Ballet Russe de Monte Carlo as a teenager

on the condition that she paint her skin white for performances, Janet refused. She continued to go after her dreams, never compromising her values along the way. From her early childhood lessons to the height of her success as the first African American prima ballerina in the Metropolitan Opera, *Brave Ballerina* is the story of a remarkable pioneer as told by Michelle Meadows, with fantastic illustrations from Ebony Glenn. Discusses Misty Copeland's family, childhood, and early dancing years before she became a world famous ballerina. Misty Copeland is probably the most famous ballerina in the world. She didn't begin dancing until age thirteen, but she quickly surpassed all her peers to be declared a prodigy. Her hard work and talent have landed her the career of a lifetime. Through engaging text and quotes from the dancer, readers will learn about Copeland's life, hardships, and accomplishments. Full-color photos from throughout Copeland's life will give

readers insight into the dancer's personal life and career. The glossary helps readers learn new vocabulary, while Further Reading encourages deeper exploration into the world of dance. "Don't expect just tulle and toe shoes. In this fascinating insider's tale, NYCB dancer Pazcoguin reveals her world. . . . A striking debut." —People Award-winning New York City Ballet soloist Georgina Pazcoguin, aka the Rogue Ballerina, gives readers a backstage tour of the real world of elite ballet—the gritty, hilarious, sometimes shocking truth you don't see from the orchestra circle. In this love letter to the art of dance and the sport that has been her livelihood, NYCB's first Asian American female soloist Georgina Pazcoguin lays bare her unfiltered story of leaving small-town Pennsylvania for New York City and training amid the unique demands of being a hybrid professional athlete/artist, all before finishing high school. She pitches us into the fascinating,

whirling shoes of dancers in one of the most revered ballet companies in the world with an unapologetic sense of humor about the cutthroat, survival-of-the-fittest mentality at NYCB. Some swan dives are literal: even in the ballet, there are plenty of face-plants, backstage fights, late-night parties, and raucous company bonding sessions. Rocked by scandal in the wake of the #MeToo movement, NYCB sits at an inflection point, inching toward progress in a strictly traditional culture, and Pazcoguin doesn't shy away from ballet's dark side. She continues to be one of the few dancers openly speaking up against the sexual harassment, mental abuse, and racism that in the past went unrecognized or was tacitly accepted as par for the course—all of which she has painfully experienced firsthand. Tying together Pazcoguin's fight for equality in the ballet with her infectious and deeply moving passion for her craft, *Swan Dive* is a page-turning, one-of-a-kind account that guarantees you'll never

view a ballerina or a ballet the same way again. Determination meets dance in this prizewinning and New York Times bestselling memoir by the history-making ballerina Misty Copeland, vividly recounting the story of her journey to become the first African American female principal ballerina at the prestigious American Ballet Theatre. When she first placed her hands on the barre at an after-school community center, no one expected thirteen-year-old Misty Copeland to become one of America's most groundbreaking dancers. A true prodigy, she was attempting in months roles that take most dancers years to master. But when Misty became caught between the control and comfort she found in the world of ballet and the harsh realities of her own life, she had to choose to embrace both her identity and her dreams, and find the courage to be one of a kind. With an insider's passion, Misty opens a window into the life of an artist who lives life center stage,

from behind the scenes at her first classes to her triumphant roles in some of the world's most iconic ballets. A sensational memoir as "sensitive" and "clear-eyed" (The Washington Post) as her dancing, *Life in Motion* is a story of passion, identity, and grace for anyone who has dared to dream of a different life. THE SUNDAY TIMES BESTSELLER A Times, Sunday Times, Daily Telegraph, Daily Mail, Radio Times, Daily Herald and FT Book of the Year 'I was born with a warped sense of humour and when I was carried home from being born it was Coronation Day and so I was called Victoria but you are not supposed to know who wrote this anyway it is about time I unleashed my pent-up emotions in a bitter comment on the state of our society but it's not quite me so I think I shall write a heart-warming story with laughter behind the tears and tears behind the laughter which means hysterics to you Philistines...' From 'Pardon?' by Vicky Wood, Aged 14. Bury Grammar School

(Girls) Magazine, 1967 In her passport Victoria Wood listed her occupation as 'entertainer' - and in stand-up and sketches, songs and sitcom, musicals and dramas, she became the greatest entertainer of the age. Those things that might have held her back - her lonely childhood, her crippling shyness and above all the disadvantage of being a woman in a male-run industry - she turned to her advantage to make extraordinary comedy about ordinary people living ordinary lives in ordinary bodies. She wasn't fond of the term, but Victoria Wood truly was a national treasure - and her loss is still keenly felt. Victoria had plenty of stories still to tell when she died in 2016, and one of those was her own autobiography. 'I will do it one day,' she told the author and journalist Jasper Rees. 'It would be about my childhood, about my first few years in showbusiness, which were really interesting and would make a really nice story.' That sadly never came to pass, so Victoria's estate has asked

Jasper Rees, who interviewed her more than anyone else, to tell her extraordinary story in full. He has been granted complete and exclusive access to Victoria's rich archive of personal and professional material, and has conducted over 200 interviews with her family, friends and colleagues - among them Victoria's children, her sisters, her ex-husband Geoffrey Durham, Julie Walters, Celia Imrie, Dawn French, Anne Reid, Imelda Staunton and many more. What emerges is a portrait of a true pioneer who spoke to her audience like no one before or since. Young people in dance classes around the world look up to Misty Copeland. She's changed the way people define who can be a successful ballerina, and she's become a vocal ambassador for healthy body image and strengthening support for African Americans in the world of ballet. Readers discover her engaging and empowering story through an age-appropriate narrative that encourages them to use their

own unique talents to make a difference in the world. Quote boxes, full-color photographs, and graphic organizers add to this fun and fact-filled look at the life of one of the most famous dancers in the world. This DK visual guide to ballet history goes beyond other ballet books, with beautiful photography that captures famous dancers and key stories. Discover more than 70 of the most famous ballet dances, from The Nutcracker and Swan Lake to The Rite of Spring. Learn the stories behind renowned companies such as The Royal Ballet and the Bolshoi Ballet. Explore the lives and achievements of dancers across the centuries, such as Margot Fonteyn, Carlos Acosta, and Darcey Bussell. Meet composers and choreographers, from Pyotr Ilyich Tchaikovsky to Matthew Bourne. From its origins at court and the first national ballet companies, to the contemporary scene and extraordinary venues that stage the productions, this book covers an impressive

history of ballet and provides an invaluable overview of the subject. Filled with rarely seen photographs covering all the key figures, pieces, and performances, and compelling facts about each dance--the sources they draw from, their production history, and their reception over time--Ballet: The Definitive Illustrated Story is an essential gift for all ballet enthusiasts. Help your little one dream big with a Little Golden Book biography all about Misty Copeland, the American Ballet Theatre's first Black principal dancer! The perfect introduction to nonfiction for preschoolers! This Little Golden Book introduces ballet prodigy Misty Copeland to the youngest readers. The first Black principal dancer in the history of the American Ballet Theatre—who didn't start dancing until she was almost thirteen—continues to impress the world and pave the way for young Black girls to chase their dreams. Look for Little Golden Book biographies about these other inspiring people: Joe

Biden Kamala Harris Betty
White Frida Kahlo Dolly Parton
Ruth Bader Ginsburg Jackie
Robinson Martin Luther King
Jr. George Washington
Abraham Lincoln Johnny
Appleseed From the first
female African American
principal dancer in American
Ballet Theatre history, Misty
Copeland, comes an
encouraging guided journal
that's inspired by her New
York Times bestselling memoir,
Life in Motion. Misty Copeland
has broken down barriers in
the world of dance, becoming
the first African American
female principal dancer at the
American Ballet Theatre. And
along the way, she's always
used the art of journaling to
remember it all. Now, she's
sharing her passion for writing
with you! Featuring prompts,
quizzes, motivational quotes,
and more, Your Life in
Motion—inspired by Misty's
own experiences—will help
young readers live their best
lives every day! From New
York Times bestselling and
award-winning author and
American Ballet Theatre

principal dancer Misty
Copeland comes an illustrated
nonfiction collection
celebrating dancers of color
who have influenced her on
and off the stage. As a young
girl living in a motel with her
mother and her five siblings,
Misty Copeland didn't have a
lot of exposure to ballet or
prominent dancers. She was
sixteen when she saw a black
ballerina on a magazine cover
for the first time. The
experience emboldened Misty
and told her that she wasn't
alone—and her dream wasn't
impossible. In the years since,
Misty has only learned more
about the trailblazing women
who made her own success
possible by pushing back
against repression and racism
with their talent and tenacity.
Misty brings these women's
stories to a new generation of
readers and gives them the
recognition they deserve. With
an introduction from Misty
about the legacy these women
have had on dance and on her
career itself, this book delves
into the lives and careers of
women of color who

fundamentally changed the landscape of American ballet from the early 20th century to today. A New Classic for Today's Dancer The Ballet Companion is a fresh, comprehensive, and thoroughly up-to-date reference book for the dancer. With 150 stunning photographs of ballet stars Maria Ricetto and Benjamin Millepied demonstrating perfect execution of positions and steps, this elegant volume brims with everything today's dance student needs, including: Practical advice for getting started, such as selecting a school, making the most of class, and studio etiquette Explanations of ballet fundamentals and major training systems An illustrated guide through ballet class -- warm-up, barre, and center floor Guidelines for safe, healthy dancing through a sensible diet, injury prevention, and cross-training with yoga and Pilates Descriptions of must-see ballets and glossaries of dance, music, and theater terms Along the way you'll find technique secrets from stars of

American Ballet Theatre, lavishly illustrated sidebars on ballet history, and tips on everything from styling a ballet bun to stage makeup to performing the perfect pirouette. Whether a budding ballerina, serious student, or adult returning to ballet, dancers will find a lively mix of ballet's time-honored traditions and essential new information. Throughout her history, the ballerina has been perceived as the embodiment of beauty and perfection--the feminine ideal. But the reality is another story. From the earliest ballerinas in the 17th century--who often led double lives as concubines--through the poverty of the corps de ballet dancers in the 1800's and the anorexic and bulimic ballerinas of George Balanchine, starvation and exploitation have plagued ballerinas throughout history. Using the stories of great dancers such as Anna Pavlova, Isadora Duncan, Suzanne Farrell, Gelsey Kirkland, Evelyn Hart, Marie Camargo, and Misty Copeland, Deirdre Kelly exposes the true rigors

for women in ballet. She rounds her critique with examples of how the world of ballet is slowly evolving for the better. But to ensure that this most graceful of dance forms survives into the future, she says that the time has come to rethink ballet, to position the ballerina at its center and accord her the respect she deserves. It isn't very often that late bloomers are called prodigies, but Misty Copeland is an extraordinary case. At the age of 13, she began her formal ballet training, which is considerably later than most children begin ballet. In 2015, Copeland was promoted from soloist to principal at American Ballet Theatre, one of the world's premiere ballet companies. She has written a memoir and a children's book, and starred in the screen adaptation of her memoir. She advocates for inclusivity in the classical ballet world and as well as body positivity for young women. In 2015, Misty Copeland was named principal ballerina of the American Ballet Theatre, the first African

American to earn the title in the ballet company's history. She has danced all over the country, on Broadway, and on television, but she had to break many barriers to do it, including racism and poverty. Through simple text and vivid photos, readers will appreciate Copeland's struggles and will learn about her dedication to promoting diversity in ballet. A Words to Know section helps readers with new vocabulary, and quotations by Copeland shed light on this talented woman. "The memoir of Michaela DePrince, who lived the first few years of her life in war-torn Sierra Leone until being adopted by an American Family. Now seventeen, she is one of the premiere ballerinas in the United States"-- Hope in a Ballet Shoe tells the story of Michaela DePrince. Growing up in war-torn Sierra Leone, she witnesses atrocities that no child ever should. Her father is killed by rebels and her mother dies of famine. Sent to an orphanage, Michaela is mistreated and she sees the brutal murder of her favourite

teacher. Michaela and her best friend are adopted by an American couple and Michaela begins to take dance lessons. But life in the States isn't without difficulties. Unfortunately, tragedy can find its way to Michaela in America, too, and her past can feel like it's haunting her. The world of ballet is a racist one, and Michaela has to fight for a place amongst the ballet elite, hearing the words 'America's not ready for a black girl ballerina.' And yet . . . Today, Michaela DePrince is an international ballet star, dancing for The Dutch National Ballet at the age of nineteen. This is a heart-breaking, inspiring autobiography by a teenager who shows us that, beyond everything, there is always hope for a better future. Misty Copeland is an author, global volunteer, and principal ballerina. But her path to success was not a straight one. Discover how Copeland used perseverance and talent to achieve her dream. Sassy wants to be a ballerina more than anything, but she worries

that her too-large feet, too-long legs, and even her big mouth will keep her from her dream. When a famous director comes to visit her class, Sassy does her best to get his attention with her high jumps and bright leotard. Determination meets dance in this middle grade adaptation of the New York Times bestselling memoir by the first African-American principal dancer in American Ballet Theatre history, Misty Copeland. As the first African-American principal dancer at the American Ballet Theatre, Misty Copeland has been breaking down all kinds of barriers in the world of dance. But when she first started dancing--at the late age of thirteen--no one would have guessed the shy, underprivileged girl would one day make history in her field. Her road to excellence was not easy--a chaotic home life, with several siblings and a single mother, was a stark contrast to the control and comfort she found on stage. And when her home life and incredible dance promise begin to clash, Misty

had to learn to stand up for herself and navigate a complex relationship with her mother, while pursuing her ballet dreams. Life in Motion is a story for all the kids who dare to be different, dream bigger, and want to break stereotypes in whatever they do.

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